

# CATERING FRAY LEOPOLDO

## COMEDOR COLECTIVO – MENU ENTERO: BASAL

|           |                                                                                                                                                                                   |                                                                                                                                                                                                         |                                                                                                                                                                                 |                                                                                                                                                                            |                                                                                                                                                                              |     |     | Día 1                                                                                                                                                                                                                   |      | Día 2                                                                                                                                                                              |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
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| Semana 41 |                                                                                                                                                                                   |                                                                                                                                                                                                         |                                                                                                                                                                                 |                                                                                                                                                                            |                                                                                                                                                                              |     |     | Macarrones con tomate<br>Al: huevo y gluten<br>Búrguer meat de pollo a la plancha (con una salsa) con verduras<br>Fruta pan blanco agua<br>Alérgico: lactosa, proteína leche, huevo y gluten, soja<br>Pan blanco gluten |      | Sopa de puchero con estrellita<br>Al: gluten y huevo<br>Jamoncito de pollo al horno con patatas al vapor.<br>lácteo pan blanco agua<br>pan blanco: gluten.<br>Lácteo: plv, lactosa |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           |                                                                                                                                                                                   |                                                                                                                                                                                                         |                                                                                                                                                                                 |                                                                                                                                                                            |                                                                                                                                                                              |     |     | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>689</td><td>26%</td><td>25%</td><td>85%</td></tr></table>                                                                                         | Kcal | PR                                                                                                                                                                                 | GR                                                                                                                              | HC   | 689 | 26% | 25% | 85% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>726</td><td>26%</td><td>26%</td><td></td></tr></table> | Kcal | PR                                                                                                                              | GR                                                                                                                              | HC   | 726 | 26% | 26% |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 689       | 26%                                                                                                                                                                               | 25%                                                                                                                                                                                                     | 85%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 726       | 26%                                                                                                                                                                               | 26%                                                                                                                                                                                                     |                                                                                                                                                                                 |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | Día 5                                                                                                                                                                             | Día 6                                                                                                                                                                                                   | Día 7                                                                                                                                                                           | Día 8                                                                                                                                                                      | Día 9                                                                                                                                                                        |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Semana 42 | Potaje de alubias<br>Mero roteña<br>lácteo pan blanco agua<br>Alergenos: pescado y gluten.<br>Pan blanco: gluten.<br>Lácteo: plv, lactosa                                         | Patatas estofadas con verduras<br>Albóndigas de pollo a la jardinera<br>Al: huevo, gluten, leche<br>Fruta pan blanco agua<br>Pan blanco: gluten.                                                        | Sopa de puchero con fideos<br>Al: huevo y gluten<br>Croquetas de bacalao con ensalada<br>Al: pescado, gluten, leche, soja, huevo<br>Fruta pan blanco agua<br>Pan blanco: gluten | Arroz con pollo<br>Tortilla francesa con ensalada<br>Al: huevo<br>Lácteo pan blanco agua<br>Lácteo: lactosa y plv                                                          | Espirales con tomate<br>Lomo de cerdo asado en su jugo con patatas al vapor.<br>Fruta pan blanco agua<br>Alergenos: huevo y gluten<br>Pan blanco: gluten.                    |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>675</td><td>25%</td><td>24%</td><td>86%</td></tr></table>                                                   | Kcal                                                                                                                                                                                                    | PR                                                                                                                                                                              | GR                                                                                                                                                                         | HC                                                                                                                                                                           | 675 | 25% | 24%                                                                                                                                                                                                                     | 86%  | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>636</td><td>22%</td><td>19%</td><td>89%</td></tr></table>                                                    | Kcal                                                                                                                            | PR   | GR  | HC  | 636 | 22% | 19%                                                                                                                          | 89%  | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>665</td><td>21%</td><td>23%</td><td>84%</td></tr></table> | Kcal                                                                                                                            | PR   | GR  | HC  | 665 | 21% | 23% | 84% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>651</td><td>23%</td><td>21%</td><td>87%</td></tr></table> | Kcal                                                                                                                            | PR   | GR | HC | 651 | 23% | 21% | 87% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>678</td><td>24%</td><td>24%</td><td>86%</td></tr></table> | Kcal | PR | GR | HC | 678 | 24% | 24% | 86% |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 675       | 25%                                                                                                                                                                               | 24%                                                                                                                                                                                                     | 86%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 636       | 22%                                                                                                                                                                               | 19%                                                                                                                                                                                                     | 89%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 665       | 21%                                                                                                                                                                               | 23%                                                                                                                                                                                                     | 84%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 651       | 23%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 87%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 678       | 24%                                                                                                                                                                               | 24%                                                                                                                                                                                                     | 86%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | Día 12                                                                                                                                                                            | Día 13                                                                                                                                                                                                  | Día 14                                                                                                                                                                          | Día 15                                                                                                                                                                     | Día 16                                                                                                                                                                       |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Semana 43 | FESTIVO                                                                                                                                                                           | Sopa de estrellita<br>Al: huevo y gluten<br>Nuggets de pollo con ensalada<br>Lácteo pan blanco agua<br>Alergenos: gluten, sulfitos, soja, leche, huevo<br>Pan integral: gluten.<br>Lácteo: plv, lactosa | Arroz a la napolitana<br>Revuelto de patatas con ensalada<br>Fruta pan blanco agua<br>Alergenos: huevo<br>Pan blanco: gluten.                                                   | Lentejas pardinas<br>Salchichas de pavo con patatas al vapor.<br>Fruta pan blanco agua<br>Alergenos: huevo y gluten<br>Pan blanco: gluten                                  | Espaguetis con tomate<br>Al: huevo y gluten<br>Mero a la sevillana<br>Lácteo pan blanco agua<br>Alergenos: pescado y gluten.<br>Pan blanco: gluten.<br>Lactosa: plv, lactosa |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           |                                                                                                                                                                                   | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>736</td><td>24%</td><td>25%</td><td>88%</td></tr></table>                                                                         | Kcal                                                                                                                                                                            | PR                                                                                                                                                                         | GR                                                                                                                                                                           | HC  | 736 | 24%                                                                                                                                                                                                                     | 25%  | 88%                                                                                                                                                                                | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>734</td><td>21%</td><td>25%</td><td>100</td></tr></table> | Kcal | PR  | GR  | HC  | 734 | 21%                                                                                                                          | 25%  | 100                                                                                                                             | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>640</td><td>18%</td><td>23%</td><td>71%</td></tr></table> | Kcal | PR  | GR  | HC  | 640 | 18% | 23% | 71%                                                                                                                             | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>603</td><td>22%</td><td>21%</td><td>85%</td></tr></table> | Kcal | PR | GR | HC  | 603 | 22% | 21% | 85%                                                                                                                             |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 736       | 24%                                                                                                                                                                               | 25%                                                                                                                                                                                                     | 88%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 734       | 21%                                                                                                                                                                               | 25%                                                                                                                                                                                                     | 100                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 640       | 18%                                                                                                                                                                               | 23%                                                                                                                                                                                                     | 71%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 603       | 22%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 85%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | Día 19                                                                                                                                                                            | Día 20                                                                                                                                                                                                  | Día 21                                                                                                                                                                          | Día 22                                                                                                                                                                     | Día 23                                                                                                                                                                       |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Semana 44 | Potaje de alubias<br>Croquetas de bacalao con ensalada.<br>lácteo pan blanco agua<br>Alergenos: gluten, huevo, leche, soja, pescado<br>Pan blanco: gluten<br>Lácteo: lactosa, plv | Arroz con magro de cerdo<br>Tortilla francesa con ensalada<br>Fruta pan blanco agua<br>Alergenos huevo<br>Pan blanco: gluten:                                                                           | Coditos con tomate<br>Al: gluten, huevo<br>San Jacobo con patatas, zanahoria, judías verdes.<br>Alergenos: huevo, gluten, leche, soja<br>Pan blanco: gluten                     | Sopa de puchero con fideos<br>Al: gluten, huevo<br>Pescado frito con judías verdes salteadas<br>Alergenos: gluten, pescado<br>Fruta, pan blanco agua<br>Pan blanco: gluten | Patatas estofadas con verduras con huevo<br>Al: huevo<br>Jamón york/queso fresco<br>Al: leche<br>Lácteo pan blanco agua<br>Pan blanco: gluten                                |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>679</td><td>22%</td><td>21%</td><td>90%</td></tr></table>                                                   | Kcal                                                                                                                                                                                                    | PR                                                                                                                                                                              | GR                                                                                                                                                                         | HC                                                                                                                                                                           | 679 | 22% | 21%                                                                                                                                                                                                                     | 90%  | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>688</td><td>25%</td><td>21%</td><td>90%</td></tr></table>                                                    | Kcal                                                                                                                            | PR   | GR  | HC  | 688 | 25% | 21%                                                                                                                          | 90%  | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>689</td><td>25%</td><td>21%</td><td>90%</td></tr></table> | Kcal                                                                                                                            | PR   | GR  | HC  | 689 | 25% | 21% | 90% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>678</td><td>20%</td><td>22%</td><td>92%</td></tr></table> | Kcal                                                                                                                            | PR   | GR | HC | 678 | 20% | 22% | 92% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>685</td><td>20%</td><td>18%</td><td>90%</td></tr></table> | Kcal | PR | GR | HC | 685 | 20% | 18% | 90% |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 679       | 22%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 90%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 688       | 25%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 90%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 689       | 25%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 90%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 678       | 20%                                                                                                                                                                               | 22%                                                                                                                                                                                                     | 92%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 685       | 20%                                                                                                                                                                               | 18%                                                                                                                                                                                                     | 90%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | Día 26                                                                                                                                                                            | Día 27                                                                                                                                                                                                  | Día 28                                                                                                                                                                          | Día 29                                                                                                                                                                     | Día 30                                                                                                                                                                       |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Semana 44 | Lentejas pardinas con verduras<br>Tortilla francesa con ensalada<br>lácteo pan blanco agua<br>Alergenos: huevo<br>Pan blanco: gluten                                              | Macarrones con tomate<br>Al: huevo y gluten<br>Jamoncito de pollo asado con judías verdes<br>Al: huevo, gluten, leche<br>Fruta pan blanco agua<br>Pan blanco: gluten                                    | Sopa de puchero con estrellita<br>Al: gluten, huevo<br>Pescado frito con zanahoria salteadas<br>Al: pescado y gluten<br>Fruta pan blanco agua<br>Pan blanco: gluten             | Arroz tres delicias<br>Albóndigas de pollo a la jardinera<br>Al: huevo, gluten, lactosa<br>Fruta pan blanco agua<br>Pan blanco: gluten.                                    | Crema de calabacín<br>Lomo asado en su jugo con verduras salteadas<br>Lácteo pan blanco agua<br>Lácteo: plv lactosa<br>Pan blanco: gluten                                    |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
|           | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>693</td><td>25%</td><td>21%</td><td>90%</td></tr></table>                                                   | Kcal                                                                                                                                                                                                    | PR                                                                                                                                                                              | GR                                                                                                                                                                         | HC                                                                                                                                                                           | 693 | 25% | 21%                                                                                                                                                                                                                     | 90%  | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>651</td><td>23%</td><td>21%</td><td>87%</td></tr></table>                                                    | Kcal                                                                                                                            | PR   | GR  | HC  | 651 | 23% | 21%                                                                                                                          | 87%  | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>616</td><td>24%</td><td>20%</td><td>97%</td></tr></table> | Kcal                                                                                                                            | PR   | GR  | HC  | 616 | 24% | 20% | 97% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>630</td><td>26%</td><td>20%</td><td>81%</td></tr></table> | Kcal                                                                                                                            | PR   | GR | HC | 630 | 26% | 20% | 81% | <table><tr><td>Kcal</td><td>PR</td><td>GR</td><td>HC</td></tr><tr><td>640</td><td>18%</td><td>23%</td><td>71%</td></tr></table> | Kcal | PR | GR | HC | 640 | 18% | 23% | 71% |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 693       | 25%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 90%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 651       | 23%                                                                                                                                                                               | 21%                                                                                                                                                                                                     | 87%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 616       | 24%                                                                                                                                                                               | 20%                                                                                                                                                                                                     | 97%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 630       | 26%                                                                                                                                                                               | 20%                                                                                                                                                                                                     | 81%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| Kcal      | PR                                                                                                                                                                                | GR                                                                                                                                                                                                      | HC                                                                                                                                                                              |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |
| 640       | 18%                                                                                                                                                                               | 23%                                                                                                                                                                                                     | 71%                                                                                                                                                                             |                                                                                                                                                                            |                                                                                                                                                                              |     |     |                                                                                                                                                                                                                         |      |                                                                                                                                                                                    |                                                                                                                                 |      |     |     |     |     |                                                                                                                              |      |                                                                                                                                 |                                                                                                                                 |      |     |     |     |     |     |     |                                                                                                                                 |                                                                                                                                 |      |    |    |     |     |     |     |                                                                                                                                 |      |    |    |    |     |     |     |     |  |  |  |  |  |

En la elaboración de estos platos no se usan alimentos que contengan en su composición grasas trans o grasas hidrogenadas (margarinas, bollería industrial, galletería industrial...), excepto las que presenten de forma natural.

Con el RD 126/2015, se informa que en caso de intolerancia o alergia solicite información al personal para elaboración de menú adaptado.

En caso de alergias se elabora menú alternativo, adaptado a las necesidades especiales de cada comensal.

Teléfono de atención 959 459703 o [administracion@cateringfrayleopoldo.com](mailto:administracion@cateringfrayleopoldo.com)

